

7 Spirit Council Assessment

Place to start - [Sonship, Ascension, and Reformation](#) by John Garfield

Helps

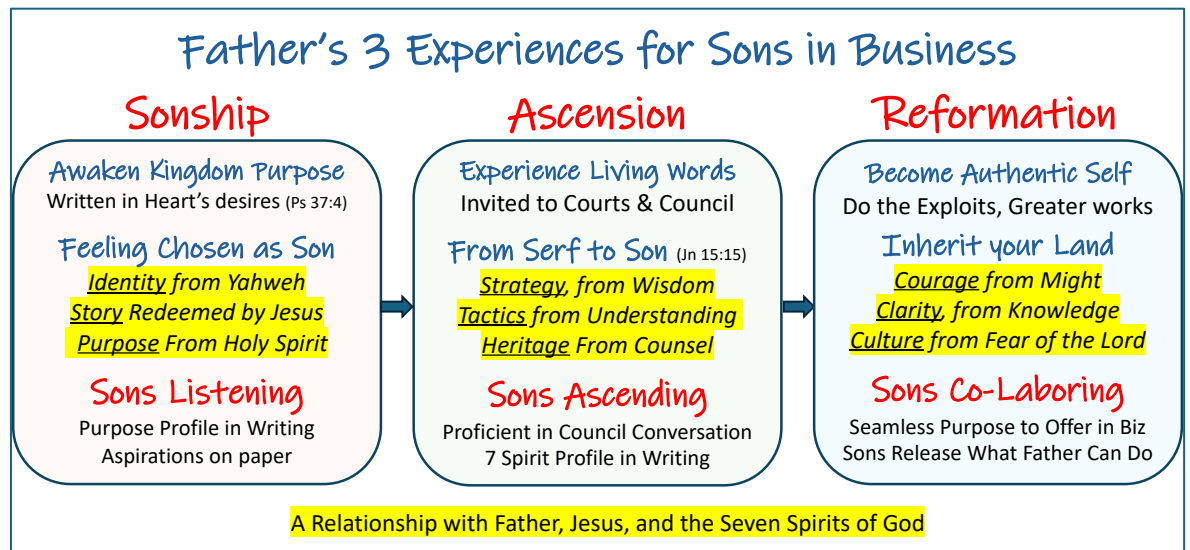
[Ascending to the Council Made Simple](#)
[Sonship & the Divine Council](#)
[Court & Council Tool Kit](#)
[The Roadmap to Sonship](#)
[7 Spirit Assessment](#)

That Will Make Your Council Sessions with Father Come Alive!

Purpose: Discover where you are in God's Council and identify areas for breakthrough in your journey of Sonship, Ascension, and Reformation.

Instructions: Rate each statement on a scale of 1-5:

- 1 = Rarely or Never
- 2 = Occasionally
- 3 = Sometimes
- 4 = Often
- 5 = Consistently



GENERAL CONNECTION

1. I regularly experience feeling chosen and loved by Father God in a personal way.

- 1 2 3 4 5

2. I actively engage in conversations in God's Council that go far beyond simple prayer requests. It's an experience I love, not a discipline I endure.

- 1 2 3 4 5

3. I sense that my life and business are aligned with Kingdom purposes. That I'm co-laboring with Father, releasing what He can add. I take notes and get the conversations in writing. I'm intentionally translating Living Words to Greater Works in business. My purpose is in writing 😊.

- 1 2 3 4 5

Subtotal: _____ / 15

Sonship is Relational (Why are you here?)

FATHER - IDENTITY (I AM Yahweh)

Who Am I? - Son With Purpose

4. I feel chosen as a son, favored; having direct access to Father via ascension to the Council.

1 2 3 4 5

5. I experience Father's new mercies & manna every morning; Living Words, not a concept.

1 2 3 4 5

6. I live from a place of being a son/daughter rather than an orphan fending for myself.

1 2 3 4 5

Subtotal: _____ / 15

JESUS - STORY (I AM Your Redeemer)

My Past Redeemed - The Heritage I Receive, and Bring to Earth in Biz

7. I see my past experiences being redeemed and leveraged for future purpose (Rom 8:28).

1 2 3 4 5

8. My life story has a redemptive theme that makes sense and connects to my purpose.

1 2 3 4 5

9. I recognize divine preparation in my history, even in difficult seasons.

1 2 3 4 5

Subtotal: _____ / 15

HOLY SPIRIT - PURPOSE (I AM the Bread of Life, Spirit of Truth)

My Brand has Prophetic Purpose - Living Words, Present and Future

10. I know my unique role and the specific purpose Father has for my life. It's in writing.

1 2 3 4 5

11. I routinely receive living words and prophetic decrees that bring clarity to my purpose.

1 2 3 4 5

12. I'm doing what Father is doing and saying what He is saying (John 5:19, Jn 12:49).

1 2 3 4 5

Subtotal: _____ / 15

Ascension to Heaven (What did you See?)

WISDOM - STRATEGY (I AM the Light)

My Strategic Mission and Vision - Wisdom is Showing "What & Where"

13. I have Father's clear strategic plan for implementing my mission and vision.

1 2 3 4 5

14. I experience ascension and get innovative ideas from Father's, Jesus, and the 7 Spirits.

1 2 3 4 5

15. I understand the 'why' behind for my life & business purpose and I intentionally co-labor with it.

1 2 3 4 5

Subtotal: _____ / 15

UNDERSTANDING - TACTICS (I AM the Door)

My Tactical Advantage (Father) - Understand Opening Doors to My Unique "How"

16. I have actionable tactics for implementing Father's Purpose, bringing Heaven to Earth.

1 2 3 4 5

17. I experience Father going before me, opening doors I couldn't open myself.

1 2 3 4 5

18. I co-labor with Father rather than following someone else's recipe.

1 2 3 4 5

Subtotal: _____ / 15

COUNSEL - HERITAGE (I AM the Good Shepherd) (Questions 19-21)

Counsel (I Know my Role, Responsibility) - I Have a Counselor, I Can Counsel Others

19. I have clarity about my unique role, assignment, and metron (sphere of authority).

1 2 3 4 5

20. I understand how my calling fits into a larger Kingdom context.

1 2 3 4 5

21. I know what Father has given me to own & develop as a son. He's shown me things to come, Rev 4:1.

1 2 3 4 5

Subtotal: _____ / 15

Reformation on Earth (What did you bring back?)

MIGHT - COURAGE (I AM Resurrection and Life)

Mighty (I am an Overcomer) - I Have Authority, a Sent Son, Courageous in Warfare

22. I approach spiritual warfare and business obstacles with courage and authority.

1 2 3 4 5

23. I have a track record of overcoming challenges that seemed impossible.

1 2 3 4 5

24. I live without fear, knowing I'm an overcomer. Father always makes a way.

1 2 3 4 5

Subtotal: _____ / 15

KNOWLEDGE - CLARITY (I AM the Way)

Knowledge (I Know the Way) - I Can Point to What Father is Doing, Where I'm Going

25. I can clearly articulate where I'm going and why with compelling vision.

1 2 3 4 5

26. I see innovative approaches and prophetic insights for my path forward.

1 2 3 4 5

27. My life direction makes sense in a story I can explain to others.

1 2 3 4 5

Subtotal: _____ / 15

FEAR OF THE LORD - CULTURE (I AM the Vine)

Honor (I Connect Branches to Their Vine) - I Can See What People Carry, Esteem Them

28. I see and honor what Father has written in the books of others around me.

1 2 3 4 5

29. I naturally love helping others inherit their land because I see their potential.

1 2 3 4 5

<i>father</i>

 30. I'm part of an Ecclesia tribe with shared 1) Kingdom Business purpose, 2) an awareness of each of the teams individual purpose, and 3) a natural desire to honor and promote what others carry. I can them into their purpose via the Courts and Council of Heaven.

1 2 3 4 5

Subtotal: _____ / 15

SCORING GUIDE

Calculate your percentage for each category: $(\text{Your Score} \div 15) \times 100 = \underline{\hspace{2cm}}\%$

Interpretation:

- **80-100% - THRIVING** You're experiencing rich council conversations in this area. Continue to deepen and mature this connection. You can be a resource to others in this area.
- **60-79% - GROWING**
You're developing this connection. Keep pressing in with intentionality. This area shows promise and momentum.
- **40-59% - EMERGING** There's room to deepen this area. Consider focusing council time here. Breakthrough is within reach.
- **0-39% - STARTING** This is an area for breakthrough and activation. Take any accusations to the Courts of Heaven. Ask Father specifically about this area in Council sessions.

YOUR COUNCIL CONNECTION PROFILE

Transfer your scores below to see your complete profile:

Category	Score	Percentage	Status
General Connection	___ / 15	___ %	_____
Father - Identity	___ / 15	___ %	_____
Jesus - Story	___ / 15	___ %	_____
Holy Spirit - Purpose	___ / 15	___ %	_____
Wisdom - Strategy	___ / 15	___ %	_____
Understanding - Tactics	___ / 15	___ %	_____
Counsel - Heritage	___ / 15	___ %	_____
Might - Courage	___ / 15	___ %	_____
Knowledge - Clarity	___ / 15	___ %	_____
Fear of the Lord - Culture	___ / 15	___ %	_____
TOTAL SCORE:	_____ / 150		

- #1) I'm learning the personalities of the 7 Spirits.
 - #2) I'm intentional about have conversations and developing relationships with each of them.
 - #3) I'm bring Heaven to Earth via what I get in the Council.

NEXT STEPS FOR YOUR COUNCIL JOURNEY

Based on your results, consider these action steps:

Immediate Actions:

- Focus on areas below 60%** - these represent your greatest breakthrough opportunities
- Begin ascending to the Council regularly** - 2-4 times weekly is recommended
- Take accusations from low-scoring areas to the Courts of Heaven** - Break agreements with enemy lies
- Journal your council conversations** - Type them up and let the Lord help you edit

Developmental Actions:

- Develop your Purpose Profile** - Work through Father's design for your identity, story, and purpose
- Create your 7 Spirit Profile** - Document what each Spirit is revealing to you
- Write your redemptive Story** - Let Jesus show you the divine preparation in your history
- Clarify your Business Offer** - Connect your Kingdom purpose with value creation

Community Actions:

- Find your Ecclesia tribe** - Connect with your team; others on the same journey
- Share your council sessions** - Let others learn from what you're hearing
- Honor the books in others** - Practice seeing and calling out what Father has written in people

RESOURCES FOR YOUR JOURNEY

Website: www.ReleasingKings.com, www.johngarfieldconsulting.com

Book: [*Sonship, Ascension, and Reformation*](#) by John Garfield

Key Scriptures for Council Conversations:

- John 1:51 - "You will see heaven open and angels ascending and descending"
 - John 5:19 - "The Son can do nothing by himself; he can do only what he sees his Father doing"
 - John 15:16 - "You did not choose me, but I chose you and appointed you"
 - Romans 8:19 - "Creation waits in eager expectation for the children of God to be revealed"
 - Revelation 4:1 - "Come up here, and I will show you what must take place"
 - Psalm 84:7 - "They go from strength to strength, till each appears before God in Zion"
-

REFLECTION QUESTIONS

After completing this assessment, take time to reflect:

1. Which area surprised you most (either higher or lower than expected)?
2. What patterns do you notice in your strongest areas?
3. What accusations or strongholds might be blocking your lowest-scoring areas?
4. What specific invitation do you sense Father extending to you right now?
5. What is one concrete step you will take this week to deepen your Council connection?

This assessment is designed to help you identify where you are in your journey of experiencing God's Council. It's not a measure of your worth or spiritual maturity, but a tool to reveal opportunities for breakthrough and deeper connection with Father, Jesus, and the Seven Spirits. Your seat at the Council is prepared and waiting (John 14:2-3, Psalm 23:5).

© Based on teachings from Releasing Kings and Sonship, Ascension, and Reformation.

More helpful graphics here:

<https://releasingkings.com/wp-content/uploads/2025/07/2025-07-12-Court-Council-Tool-Kit.pdf>

What Sons Bring Back to Business From 9 Conversations in the Council

God's Council

Father

(I AM Yahweh)

Jesus

(I AM Your Redeemer)

Holy Spirit

(I AM Bread, Spirit of Truth)

Wisdom

(I AM the Light)

Understanding

(I AM the Door)

Counsel

(I AM Good Shepherd)

Might

(I AM Resurrection Life)

Knowledge

(I AM the Way)

Fear of the Lord

(I AM I the Vine)

Transformations from Conversations

→ **Identity** – The sense of being Chosen, having access to Father

→ **Story** – Redeeming my past and leveraging it for the future

→ **Purpose** – Knowing my role, Father's brand, values, priorities

→ **Strategy** – I have a plan that implements **our** mission and vision

→ **Tactics** – I have a tactical advantage, Co-laboring with Father

→ **Heritage** – I know what Father has given me to own, develop

→ **Courage** – It's natural for me to be heroic, an overcomer

→ **Clarity** – I can clearly articulate where I'm going and why

→ **Culture** – I see what people carry, Biz Ecclesia = shared purpose

3 Examples - [Purpose Profile](#), [Aspirations](#)

God's Answers

Who Am I?
Why Am I Here?
Son With Purpose

How Lord?
Ascend and Align

Where Am I Going?
Passion for Reformation

[John's 7-Spirit Profile](#)

Your Story

1. How it Started
2. Personal Passion
- Problem, Mentor
3. What it Feels Like
4. Personal Benefit

5. Value to Others
6. Biz Model, Plan
- Biz Upside
- Biz Downside

7. Vision for Kingdom
8. How It Helps Others
- Marketing Offer
- Value, Transformation
9. The Tribe, Culture

[John's Story](#)

What Sons Bring Back from the Council

9 Transformations from 9 Conversations

Intro →
Video



John's →
7-Spirit Profile



You prepare a Table Ps 23:5

You prepare a Place Jn 14:2-3

Feeling Chosen & Appointed,
Having access to Father



Redeeming my past and
leveraging it for the future
(I AM Your Redeemer)



Knowing my role, Father's
brand, values, priorities
(I AM the Bread of Life)



I am Father's fruitful Son
Bring Heaven to Earth in Biz
(Before God in Zion Ps 84:7)



I have a plan to implement
our mission and vision
(I AM the Light)



I see what people carry,
Ecclesia in Biz = shared
(I AM I the Vine)



I have a tactical advantage,
Co-laboring with Father
(I AM the Door)



I can articulate where
I'm going and why
(I AM the Way)



I know what Father has given
me to own, develop
(I AM the Good Shepherd)



It's natural for me to be
heroic, an overcomer
(I AM Resurrection Life)












(live links)

The 7 Spirit Assessment

That Will Make Your Council Sessions with Father Come Alive

JohnGarfieldConsulting.com [Council Notes Template](#)

[Ascending to the Council Made Simple](#)
[Sonship & the Divine Council](#)
[Court & Council Etiquette](#)
[The Roadmap to Sonship](#)
[7 Spirit Assessment](#) *Helps*

Do What Father is Doing	Council Conversations with Father, Jesus, 7 Spirits	The Impartation I Receive, Bring to Earth in Biz	Self Score (1-7)
 <p>I Am – Yahweh, Your Father Heb 2:10-11 Choosing Sons & Daughters</p>	<p>The Lord Your God (Creator) We are bringing many sons to Glory (Heb 2:10-11) So, they bring many Nations to Reformation (Mt 28)</p>	<p>My identity – Sonship I’m a son, Ascending, Seer & Doer, and Co-laborer Father & I are on the Same Page via Courts, Council</p>	<input type="text"/> Identity
 <p>I Am – Jesus, Your Redeemer Lu 4:18-19 Come Set the Captives Free</p>	<p>Jesus (Immanuel, God With Us) I redeemed access to Father, sonship (Jn 1:51) We are repopulating Father’s Council With Sons</p>	<p>My Story – Integrates Past, Present, Future My Redemption/Resurrection to Sent One My past makes sense, I’m Thankful, Healed, Thrilled</p>	<input type="text"/> Story
 <p>I Am – The Bread of Life Jn 6:35-51 Be the Bread of Life (Purpose)</p>	<p>#1 The Spirit of Truth (Holy Spirit) We share Father’s heart, Daily Bread, Living Words Purpose feeds Sons, break the bread, do the work</p>	<p>My Why – Purpose, Priority, Brand Values My Brand (Calling) is Story of my Kingdom Purpose “Why” is Authentic, Transparent, Larger than “Me”</p>	<input type="text"/> Purpose
 <p>I Am – The Light of the World Jn 8:12 Be a Light, Shine in darkness</p>	<p>#2 Spirit of Wisdom (Strategy) We’re shown Kingdom strategy; See Father’s Purpose Purpose is the Light that Shines in Darkness</p>	<p>My Strategic Mission and Vision Wisdom is showing my Mission “What & Where” I have Goals, Objectives, Biz Plan, Cash Flow</p>	<input type="text"/> Strategy
 <p>I Am – The door, the gateway Jn 10:7,9 Be the Door to New Realms</p>	<p>#3 Spirit of Understanding (Tactics) We have a sense of how to start, what to do first Son’s Books are doorways to Kingdom</p>	<p>My Tactical Advantage, Co-laboring w/ Father Understand opening doors to my unique “How” I know next step, next who, Divine Appointments</p>	<input type="text"/> Tactics
 <p>I Am – The Good Shepherd Jn 10:11,14 Shepherds Show the Way</p>	<p>#4 Spirit of Counsel (Heritage) I know my purpose; shepherd Others into theirs Priestly Biz Leaders Prophetically Finger Sons Purpose</p>	<p>Counsel (I know my Role, Responsibility) I have a Counselor, I can Counsel others I have a shepherd; I can shepherd others to Him</p>	<input type="text"/> Heritage
 <p>I Am – Resurrection & Life Jn 11:25 Be the Resurrection & Life</p>	<p>#5 Spirit of Might (Courage) Purpose bigger than setbacks = strong & Courageous Purpose is Promise that Resurrects Sons From Defeat</p>	<p>Mighty (I am an Overcomer) I have authority, a sent one, Courageous in Warfare Normal Sons /Daughters doing extraordinary things</p>	<input type="text"/> Courage
 <p>I Am – The Way, Truth, Life Jn 14:6 Be the Living Way</p>	<p>#6 The Spirit of Knowledge (Clarity) I know the story line; the Way, the Truth, the Life Same Page as Father, Connected/Authentic, Zealous</p>	<p>Knowledge (I Know the Way) I can point to <i>What Father is Doing</i> I can discern prophetic people and events</p>	<input type="text"/> Clarity
 <p>I Am – The True Vine Jn 15:1,5 Be the Vine to Abundant Life</p>	<p>#7 The Spirit of Fear of the Lord (Culture) We’re umbilical cord to Shared Purpose = Ecclesia Plant Ecclesia in Business, Honor People, God</p>	<p>Honor (I Connect Branches to Their Vine) I can see what people carry, Esteem them I can create and guard the culture, the Ecclesia</p>	<input type="text"/> Culture