

Releasing Kings Heart Plan
www.ReleasingKings.com

1. Purpose
and Vision

2. Goals

3. Heart
Boundaries

4. Affirmations

5. Who's my Team

6. Cash flow

7. Schedule

8. A Business
Plan



johnsue@clearwire.net 509-308-6873

Heart Plan

- 1. Purpose and Vision** – Write down your life purpose. Why are you here? What is the activity that reflects the deepest desires of your heart, your core character values, the area of your personal passion, and your talents, skills and abilities? Why does God want to prosper you? Write it down in a paragraph.
- 2. Goals** – With your life's purpose in mind, what are your goals for the major areas of your life (God, family, vocation / ministry, finances, health, and play)? Write them down in the past tense.
- 3. Heart Boundaries** – Most of us have boundaries in our hearts that represent vows from our past which have cemented into ceilings for our future. Changing the beliefs in our hearts about our own identity and potential is a key step of inner healing before we can go to the next level.
- 4. Affirmations** – If we set some lofty goal associated with our life purpose, our mind immediately starts coming up with a list of reasons why it won't work. If we simply phrase our "affirmations" as questions, we can then meditate on the reasons "why" those things will come to pass. These "affirmations" give our mind a constructive job that builds us up and gives our heart the answer it seeks regarding "why."

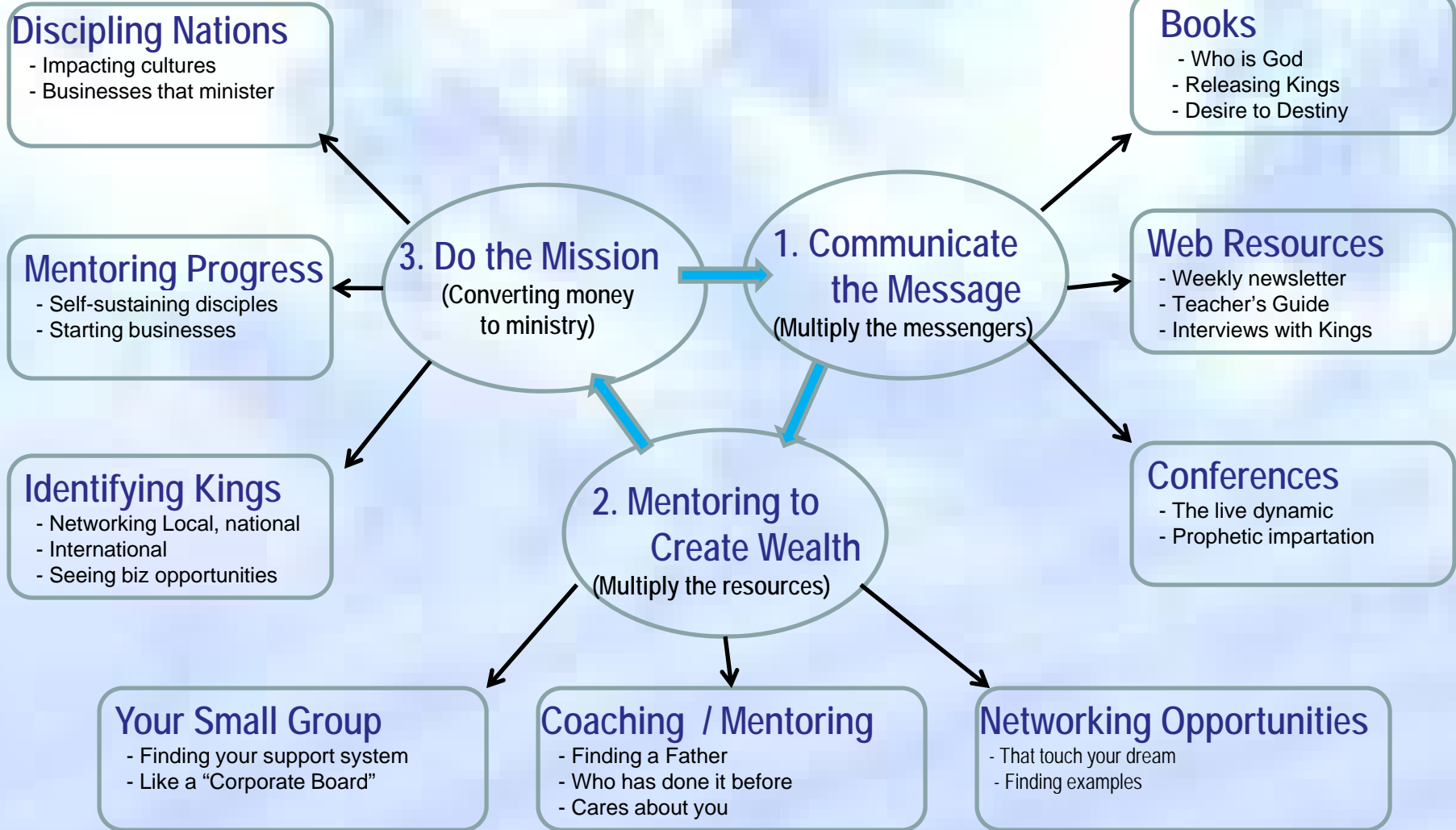
Heart Plan

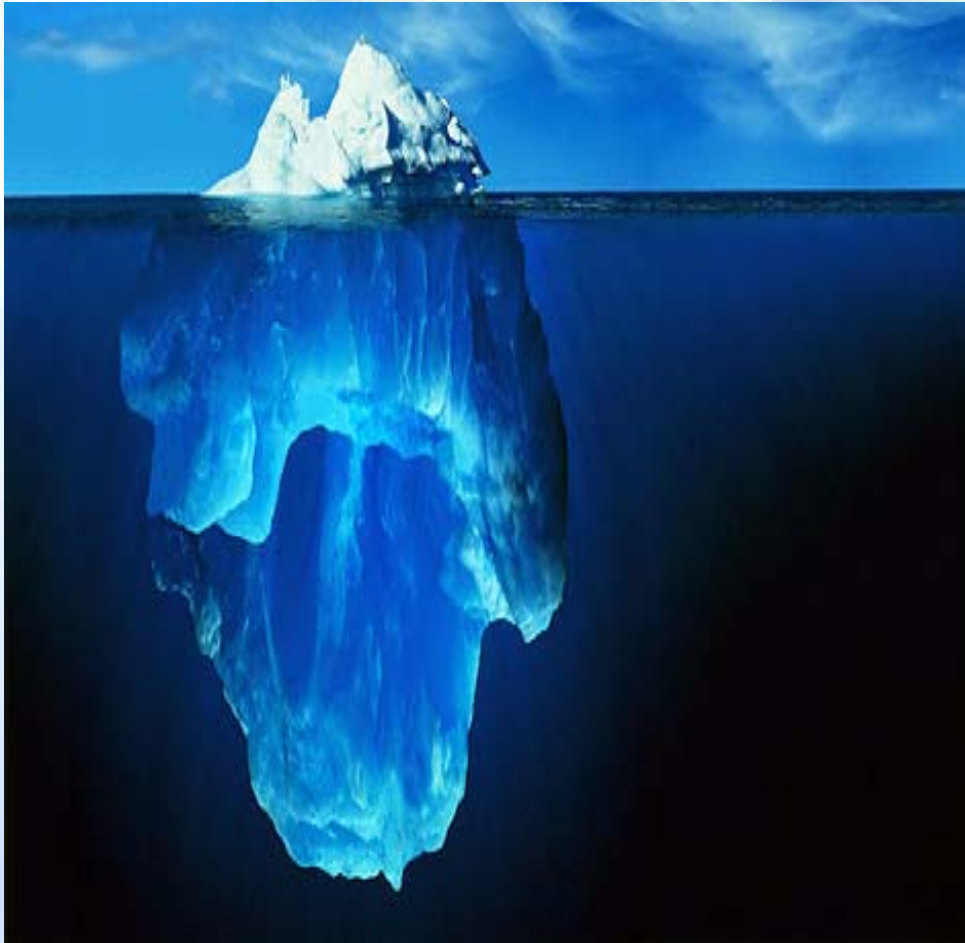
- 5. Team** – It's not always what you know; it's who you know. People who are successful in life are very careful to surround themselves with the help they need. They find those with a similar heart's desire but different strengths, and work with them to multiply the effect of their mutual dream. It's a powerful dynamic, both spiritually and practically.
- 6. Cash flow** – Putting our finances into a monthly cash flow format is an essential part of integrating our life's plan with reality. Whether its personal finances or business finances doesn't matter. We are stewards of the destiny God has given us, and we all have to navigate the real world of making money and converting some of it to ministry. Creating wealth is a spiritual discipline.
- 7. Schedule** – Most of our goals should translate to specific activities that can be put on a schedule with an end date. Planning your next months of achievements goes a long way toward making your life's purpose real.
- 8. A Business Plan** – If you treat the stewardship of your life like talents God has given you, making a written plan is an important step toward getting your dream off the ground. Writing things down is also a key ingredient in moving your heart's desires into a real life destiny.

What's Special About Releasing Kings Coaching?

1. You will get connected with your own heart. God has written something about our destiny on each of our hearts. You will be naturally passionate and good at what you are designed to do.
2. You will feel the wind in your sails by working with what the Father is doing. You will experience the overlap between God's heart and your heart.
3. Your heart plan is in writing. Life purpose, goals heart boundaries... everything can easily be kept current. It's a way to manage mid-course corrections and make sense out of the chaos of life.
4. Dreams do come true! Your spiritual foundations will be integrated with practical implementation. Life purpose is translated to the list of people on your team... to your cash flow and to your business plan.
5. Once the specifics of your dream and direction are clear, we can often suggest contacts for more specific mentoring, investment opportunities, business opportunities or start-up capital connections. Our values are:
 - a. What's your dream?
 - b. How can we help you take the next step?

How You Can Help Release Kings
Join the Viral Network – Contagious Christians
www.ReleasingKings.com





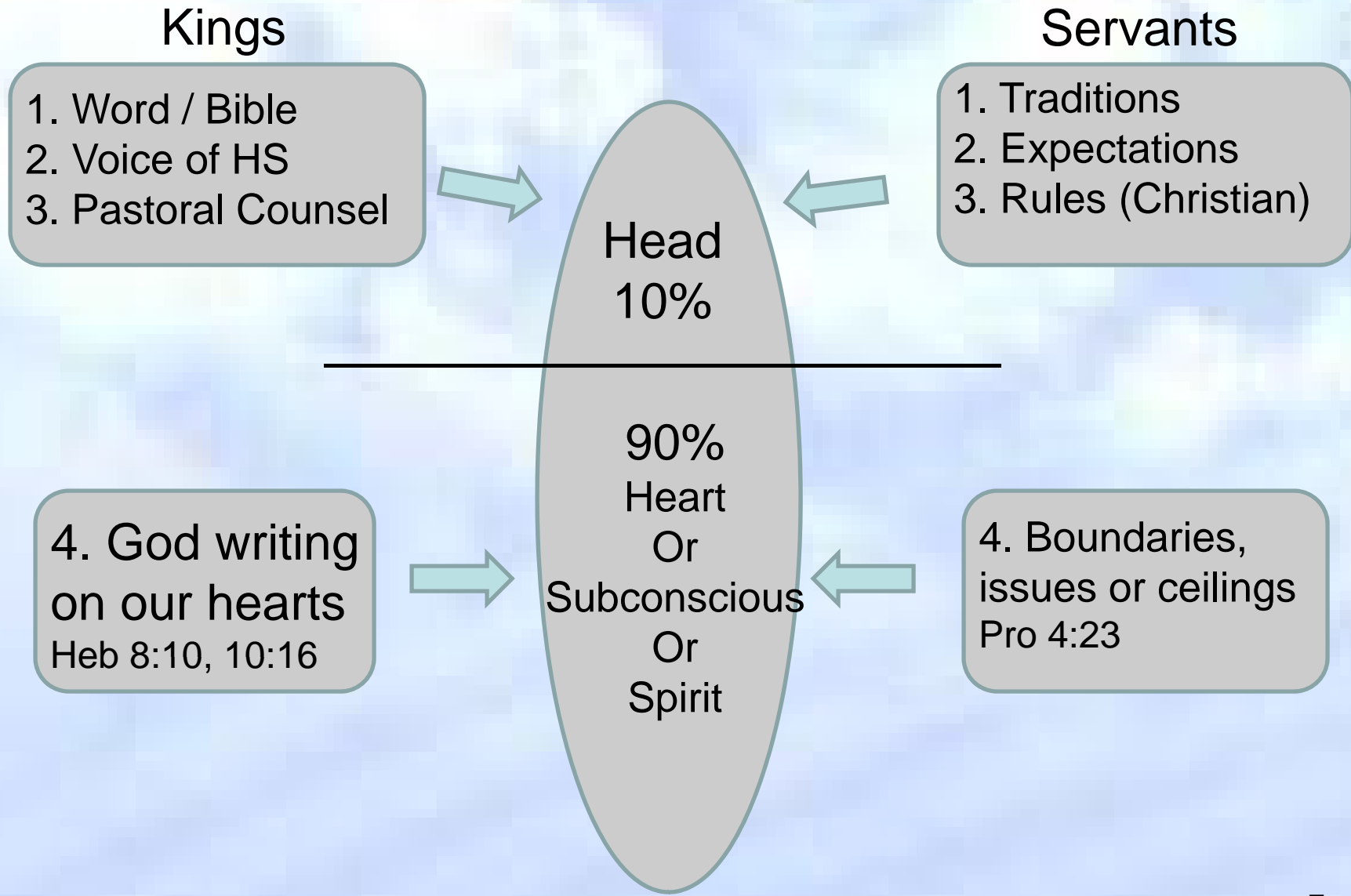
Head
(10%)

Vs.



Heart
(90%)

Getting in Touch With Our Hearts



Choosing your Path of "Life" Ps 16:11

Kingdom – God's way

"Harder, Narrow"

Mt 7:13-14, 11:29-30

Faith, Discipline, Work, a Plan

Flows out of your belly, abundance
Dreams refine / multiply Gen 1:28

Bridge Vocation, Ministry,
Skills, Finances, Kingdom Purpose

Visions, Dreams (A Plan)
Heart's desires Pro 20:5

Mt 6:33, Rom 8:19, Rom 14:17

World System

"Comfortable, Easy"

Poverty / Unfulfilled

Living
Paycheck to Paycheck

Any Job / mediocrity

Needs, Finances, Family

Networking Kings – why we're Here!

